HEALTH PROGRAM ANALYSIS & EVALUATION DIRECTORATE

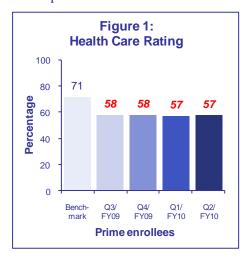
West: Sample size-16,308 Response rate-26.3%

Source: Health Care Survey of DoD Beneficiaries

#### **Inside Consumer Watch**

TRICARE Consumer Watch shows what TRICARE Prime enrollees in your region say about their healthcare in the Health Care Survey of DoD Beneficiaries (HCSDB). Every quarter, a representative sample of TRICARE beneficiaries are asked about their care in the last 12 months and the results are adjusted for age and health status and reported in this publication.

The HCSDB includes questions from Assessment Consumer Healthcare Providers and Systems (CAHPS), a survey designed to help consumers choose among health plans. Scores are compared with averages taken from the 2009 National **CAHPS** Benchmarking Database (NCBD) of CAHPS surveys given to beneficiaries by civilian health plans.

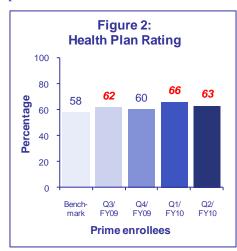


#### **Health Care**

Prime enrollees were asked to rate their healthcare from 0 to 10, where 0 is worst and 10 is best.

Figure 1 shows the percentage who rated their healthcare 8 or above in the survey fielded in the second quarter of

fiscal year 2010, describing the period January 2009 to December 2009, and each of the 3 previous quarters. red Numbers in italics are significantly different from the benchmark (p<.05). Health care ratings depend on things like access to care, and how patients get along with the doctors, nurses, and other care providers who treat them.



### **Health Plan**

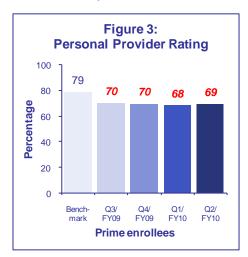
Prime enrollees were asked to rate their health plan from 0 to 10, where 0 is worst and 10 is best. Figure 2 shows the percentage who rated their plan 8 or above for each reporting period.

Health plan ratings depend on access to care and how the plan handles things like claims, referrals and customer complaints.

## **Personal Provider**

Prime enrollees who have a personal provider were asked to rate their personal provider from 0 to 10, where 0 is worst and 10 is best.

Figure 3 shows the percentage who rated their doctor 8 or above for each reporting period. Personal doctor

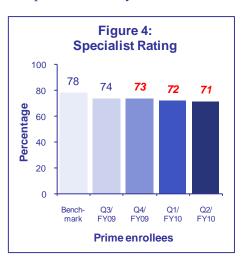


ratings depend on how the patient gets along with the one doctor responsible for their basic care.

# **Specialist**

Enrollees who have consulted specialist physicians were asked to rate from 0 to 10 the specialist they had seen most in the previous 12 months.

Figure 4 shows the proportion of enrollees who rated their specialist 8 or above for each reporting period. Specialist ratings depend on beneficiaries' access to doctors with the special skills they need.



## **Health Care Topics**

Health Care Topics scores average together results for related questions. Each score is the percentage who "usually" or "always" got treatment they wanted or had "no problem" getting a desired service. Asterisks show values significantly different from the NCBD benchmark (p < .05).

Figure 5 (Access Composites) includes the composites "Getting needed care" and "Getting care quickly." Scores in "Getting needed care" are based on getting referral to a specialist and getting needed treatments. "Getting care quickly" scores concern how long patients wait for an appointment or urgent care.

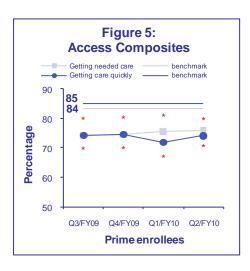
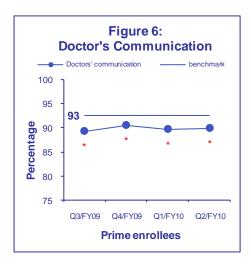


Figure 6 (Doctor's Communication) includes the composite for "How well doctors communicate." Scores in "How well doctors communicate" are based on whether the personal doctor spends enough time with patients, treats them respectfully and answers their questions.

Figure 7 (Claims/Service Composites) includes composite scores for "Customer service" and "Claims processing." Scores in the "Customer service" composite concern patients' ability to get courteous service and information about their health plan.

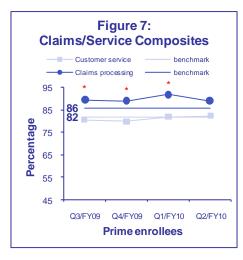
"Claims processing" scores are based on both the timeliness and correctness of plan's claims handling.



### **Preventive Care**

The preventive care table compares Prime enrollees' rates for diagnostic screening tests and smoking cessation with goals from Healthy People 2010, a government initiative to improve Americans' health by preventing illness.

The mammography rate shown is the proportion of women 40 or above with a mammogram in the past two years. Pap smear is the proportion of adult women screened for cervical cancer in the past three years.



Hypertension is the proportion of adults whose blood pressure was checked in the past two years and who know whether their pressure is too high. Prenatal care is the proportion of women pregnant now or in the past 12 months who received prenatal care in their first trimester. Percent not obese is the proportion with a body mass index below 30. The non-smoking rate is the proportion of adults who currently do not smoke. Counseled to quit is the number of smokers whose doctor told them to quit, over the number of smokers with an office visit in the past 12 months.

Rates that are significantly different (p < .05) from the Healthy People 2010 goal are shown by red italics.

Preventive Care					
Type of Care	Qtr 3 FY 2009	Qtr 4 FY 2009	Qtr 1 FY 2010	Qtr 2 FY 2010	Healthy People 2010 Goal
Mammography	88	86	87	86	70
(women <u>≥</u> 40)				(525)	
Pap Smear	91	89	93	89	90
(women <u>&gt;</u> 18)				(1253)	
Hypertension Screen	88	88	88	88	95
(adults)				(2964)	
Prenatal Care	78	87	80	85	90
(in 1st trimester)				(150)	
Percent Not Obese	<b>78</b>	80	80	80	85
(adults)				(2841)	
Non-Smokers	84	80	82	86	88
(adults)				(2821)	
Counseled to Quit	75	74	71	80	-
(adults)				(345)	